

In the words of learners...

## 1 THEY'LL GET TIME BACK

Wouldn't we all like to have more capacity?

"Learning on the STAR<sup>®</sup> programme has helped me save time to focus on what's important in my role."



"I find I'm spending less time fire-fighting now and more time planning for what's coming - The programme has allowed me to regain control."

## 2 STOPS YOUR MANAGERS DOING THE 'DOING'

Change how they spend their time, so that they do less of the doing.

"I have seen a reduction in the time I spend 'doing' allowing me to spend more time leading and coaching."



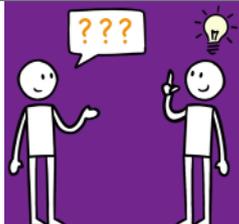
"When my colleague came up with their own solution to a challenge they were facing, with my help, I felt really quite proud of myself."

## 3 THEIR TEAMS WILL DO MORE OF THE HEAVY LIFTING

They'll learn skills to help their teams to step up.

"I can see my team taking more ownership for problems and thinking through resolutions rather than waiting for me to give them the answer."

"It will help not just you but the people around you to become better empowered."



"STAR<sup>®</sup> made me feel much more comfortable in managing people and I am now able to encourage and develop the team for everyone's benefit."

"Since I've started practising the STAR<sup>®</sup> model, I've seen that the motivation levels rise amongst my team."

## 4 THEY'LL GET MORE DONE IN LESS TIME

Managers become more productive; the average increase in personal productivity is 60%!



"My productivity has improved significantly; my team are more proactive and solving their own problems, which is giving me time to work on things that matter to me."

## 5 IMPROVES RELATIONSHIPS (NOT JUST AT WORK!)

Managers will learn to enjoy 1-to-1s, be relaxed handling challenging conversations and improve relationships at work

"I've noticed positive working relationships with people I previously had difficulties with. It's made me a better human being!"

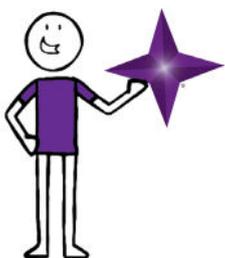


"I find 1-to-1s much more useful and look forward to them now - it used to be the worst part of my job."

## 6 CREATE GREAT LEADERS

Colleagues and teams will start to notice the difference and be happier and more engaged.

"I have learned a lot about myself and how to interact with my colleagues - the course has helped me to change my overall attitude."



"My team is now really engaged and positive - taking ownership of the changes we need to make within the organisation."

"My manager and colleagues have noticed the changes in my approach."

## 7 DISCOVER THE SECRET THAT WILL TRANSFORM THEIR CAREER

Managers will be transformed and they'll never look back.

"It really makes you sit back and question and challenge the way you operate as a manager and as a colleague at work. It makes you sit back and say WOW!"



## 8 REDUCE STRESS

As they start to change the way they spend their time and increase their team's performance, stress levels will also reduce.

"The programme has been really beneficial to not just my style of management but also my stress and anxiety levels."



"Until STAR<sup>®</sup>, I 'let' everything fall to me adding to my stress - now I've turned that around I feel considerably lighter."

## 9 HELP THEM TO GAIN AN EDGE

Help them gain skills that will make them a better leader and manager.

"KPI results improved significantly, and I was promoted this year as a result!"

"Every manager should join this programme! You'll learn skills for life and there's something new for everyone."



"However well you think you know yourself and however good your management style is, this programme will help you find areas for improvement."